



Erasmus+



**Erasmus+ Programme – Strategic Partnership
Project Nr:2019-1-RO01-KA204-063537 (Word of emotions)**

Blended mobility of adult learners - TRAINING COURSE for adults who care for children with emotional problem

Period :7-11.09 2021

Place :Konya,Turkey

Host institution : Necmettin Erbakan University, Konya

The training will be held by the trainers of the Turkish partner from Necmettin University(NEU) ; 5 learners from each partner institution will participate within this event for 5 days.The training will be made by a complex team ;pedagogists, psychologues ,pediatric doctors and trainers in adult education from NEU. Within the training C4, trainers will educate and train adults learners to work with children in terms of their lack of emotional and social security, giving them a model for identifying and researching educational strategies that rely on motivations, interests and learning styles of the children. The main purpose of C4's activity is to provide to adult participants in training tools/methods/strategies for the development the alphabet of emotions to preschool and primary school children, as well as consciousness raising and social reflection.

Objectives:

To form to adults those skills for they be able to:

- Interact with children and listen/pay attention
- Teach children to express their emotions
- Analyze the emotional needs and emotional risk situations of the children
- Use the adequate communication in the relations
- enhancing competencies (emotion control ,communicational , pedagogical, social, intercultural,) for educate/care children with emotional problem
- to face difficulties for care kids with special emotional needs
- use nonformal methods to educate children

Practical Training

- Cases analysis and discussion
- Workshop and role-plays
- Socialization games with active and listening techniques

Duration: 30 hours (theoretical and practical training)

Target groups: adults who care for children with emotional problem

Working Language: English

Educational: teacher's slides, operative cards .

Trainers: the course trainers from special education department of Necmettin Erbakan University and involved have gained a strong experience in the field of education of adult who care for children with emotional problems

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7 September 2021	08:30-14:00	Welcome meeting and briefing of activities (Facilatator MEVLUT Aydoğmuş)
		Introduction to Emotional Intelligence Understanding social and Emotional Development in children from 3 to 6 years old and in children from 6 to 10 years old. Perceiving their Emotions Benefits of being Emotionally Intelligent Building good relationships Communicating with our children and supporting your children How many emotions exist?
	14:30 – 15:30	LUNCH BREAK
	14,30 – 16:30 16.30 – 17:00	Konya Visit; Visiting local sites and attractions and key places.
8 September 2021	8,00-14:00	How to manage our emotions Encouraging social and emotional development at home: how to provide structure and daily routines,how encouraging children independence, how to help these children in cooperating with their peers,etc. Parenting Programs and their impact on the social and emotional development of little children Different opportunities for improvement in primary prevention and early intervention for socialemotional problems of little children Providing techniques and strategies for positive changes in children behaviors
	14:00 – 15:30	LUNCH BREAK
	15:30 – 16:30	Visit the University of Konya
9 September 2021	08:00 – 14:00	How do you feel affected by the reactions of others? Defining Stress. How stressed are you? Managing stressful situations. Managing stress techniques Empathic and active listening with our children is a key aspect in emotional intelligence and emotional education. Main mistakes related to empathic and active listening communication How to promote children’s self-knowledge and emotions’ identification Techniques of playing games that require children to cooperate with others, wait their turns, and learn to be a gracious winner or loser
	14:00-15:30	LUNCH BREAK
	15:30 – 16:30	Cultural visit in Capadochia



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<p>10 September 2021</p>	<p>08:00 – 11:00</p>	<p>How to offer children other activities to promote their personal skills Providing a proper vocabulary Being parents to be educators Essential educational tools and strategies in emotional education. Analysis of daily emotional situations with our children Role-playing: Resolution of practice cases according to the course content's. Studying parenting programs that encompass the child's and family's social ecology, including contexts outside the home where the child spends significant time and that are associated with lasting improvements in child outcomes Question time and practical activities</p>
	<p>14:00 – 15:30</p>	<p>LUNCH BREAK</p>
		<p>Visiting Cultural Center from Konya</p>
<p>11 September 2021</p>	<p>08:00-12:00</p>	<p>Question time and practical activities. Evaluation of participants</p>
	<p>13:00-14:00</p>	<p>Evaluation of the training . Give certificates of attendance</p>
	<p>14:00 – 15:00</p>	<p>Departure of participants</p>