



Erasmus+



Erasmus+ Programme – Strategic Partnership  
Project Nr:2019-1-RO01-KA204-063537 (Word of emotions)

## Short-term joint staff training event for staff that train the adults who care for preschool and primary school children with emotional problems from migrant families

Period :9-13 July 2021

Place :ANKARA,Turkey

Host institution : **Ankara Provincial Directorate of Family and Social Service,Ankara**

Pre-selected staff members will participate in a training event focused on the development of skills of staff who educate the migrants adults who care for children with emotional problem. The methods used will be active , especially non-formal method : the demonstration, the simulation,the play-role,focus-group, peer-learning, brainstorming ,study of case,the debate.

### Objectives:

- to educate the staff for educate migrant adult learners for identify successful tools of emotional intelligence to apply them in their daily work for children education, and to recognize resources, to identify, understand and manage the own emotions as parents /tutors and of the children ones
- to increase competencies of professionals to provide support for migrant adults who care for preschool & primary school children with emotional problems by learning /creating innovative nonformal methods & tools to be used for develop emotional intelligence & improve quality life of adults who care for children with emotional problems
- to teach staff how to train learners for acquire resources, to identify, understand and manage not only the own emotions as parents or tutors , but also the children's ones
- to teach staff for educate migrant adult learners how to develop basic skills about how to educate children in conflicts, for resolution and frustration management

### Practical Training

- Cases analysis and discussion
- Workshop and role-plays
- Socialization games with active and listening techniques

**Duration:** 30 hours (theoretical and practical training)

**Target groups:** trainers/teachers and trainers/teachers in adult education

**Working Language:** English

**Educational:** teacher's slides, operative cards .

**Trainers:** the course trainers involved have gained a strong experience in the field of education of adult who care for children with emotional problems from migrant families

- Ms. Serengül Gümüş/ Psychologist, teacher, trainer in adults area

Ms. Şeyda Pekçetin/Psychologist, therapist, expert in educational emotional education

Ms. Ümmü Gülsüm Doğan/: trainer in adult education courses



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9 July 2021	08:30-14:00	<p><b>Welcome meeting and briefing of activities (Facilatator Ikbal Karaman )</b></p> <p>Presentation of the course: objectives, contents and methods Roundtable, ice breakers and Introduction to education of Emotional Intelligence and educational system in Turkey -Ways to work with adults migrants the teaching of emotional intelligence of children into interactions and learning activities at home by presenting informations about productive strategies and critical awareness to those social behaviors and psychological problems -Education for adults &amp; disadvantaged families of migrants -Turkish expertise</p>
	14:30 – 15:30	LUNCH BREAK
	14,30 – 16:30	Ankara Visit; Visiting local sites and attractions and key places.
	16.30 – 17:00	
10 July 2021	8,00-14:00	<p>Empathic and active listening - key aspect in emotional intelligence and emotional education Interpersonal levels of emotional intelligence Providing techniques and strategies for positive changes made by adults migrants in children behaviors Practical Exercises with expert teachers who work with migrant learners How the adult migrant can focus the children back into a sense of connection with life How the adult migrant uplifting children through gentle encouragement and connection</p>
	14:00 – 15:30	LUNCH BREAK
	15:30 – 16:30	Visit a kindergarten ??
11 July 2021	08:00 – 14:00	<p>Analysis of daily emotional situations with children of migrants . How to act with intelligence and how to promote theirs? The importance of focusing. To want something is not to be able,to want something means to do. Main mistakes related to empathic and active listening communication Conflicts resolution and frustration management in migrant families Stress management, avoidance . Impulse control Making the learning fun, learning through play</p>
	14:00-15:30	LUNCH BREAK



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	15:30 – 16:30	Visit a primary school ???
12 July 2021	08:00 – 11:00	Adopting building abilities: The ability to make friends (Interpersonal Relationships ) The need to assume responsibility in actions and impact on group (Social responsibility ) The need to adapt to new situations, how best to benefit (Flexibility ) The need to know how others feel and think( Empathy ) The need to know who and what a person can trust(Reality testing )
	14:00 – 15:30	LUNCH BREAK
		Visiting child migrant center and their activities
13 July 2021	08:00-12:00	Practical activity :visit in an educational center for migrant people in Turkey Activities, methods and tools for intervention and support for adults migrants who care for children with emotional problems –Turkish expertise Evaluation of participants .
	13:00-14:00	Evaluation of the training . Give certificates of attendance
	14:00 – 15:00	Departure of participants