



Erasmus+



Erasmus+ Programme – Strategic Partnership
Project Nr:2019-1-RO01-KA204-063537 (Word of emotions)

WORD of EMOTIONS PROJECT – TRAINING COURSE AGENDA

Short Staff Training Event

Period :08-12th November 2021

Place :Ankara, Turkey

Host institution: Ankara Aile ve Sosyal Hizmetler İl Müdürlüğü

The training will be held by the trainers of the Turkish partner from Ankara Aile ve Sosyal Hizmetler İl Müdürlüğü;

Target groups: Staff that educate adults who care for children with emotional problem

Working Language: English

Trainers: Beyza Türüdü (trainer), Serengül Gümüş (psychologist), Ümmü Gülsüm Doğan (teacher)

8 November 2021	08:30-14:00	Welcome speech and briefing the training agenda
		-Roundtable, ice breakers and Introduction to education of Emotional Intelligence and educational system in Turkey
		-Ways to work with adults migrants the teaching of emotional intelligence of children into interactions and learning activities at home by presenting informations about productive strategies and critical awareness to those social behaviors and psychological problems
	14:30 – 15:30	Lunch Break
	14,30 – 16:30	-Education for adults & disadvantaged families of migrants -Turkish expertise
9 November 2021	08:30-11:30	-Empathic and active listening - key aspect in emotional intelligence and emotional education -Interpersonal levels of emotional intelligence
	11.30-12:00	Coffee Break
	12:00-14:30	-Providing techniques and strategies for positive changes made by adults migrants in children behaviors -How the adult migrant can focus the children back into a sense of



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<p>09 November 2021</p>		<p>connection with life -How the adult migrant uplifting children through gentle encouragement and connection</p>
<p>10 November 2021</p>	<p>08:30-11:30</p>	<p>-Analysis of daily emotional situations with children of migrants . How to act with intelligence and how to promote theirs? -The importance of focusing. To want something is not to be able, to want something means to do.</p>
	<p>11.30-12:00</p>	<p>Coffee Break</p>
	<p>12:00-14:30</p>	<p>-Practical Exercises with expert teachers who work with migrant learners -Main mistakes related to empathic and active listening communication -Conflicts resolution and frustration management in migrant families -Stress management, avoidance, impulse control -Making the learning fun, learning through play</p>
<p>11 November 2021</p>	<p>08:00-11:30</p>	<p>Adopting building abilities: -The ability to make friends (Interpersonal Relationships) -The need to assume responsibility in actions and impact on group (Social responsibility) -The need to adapt to new situations, how best to benefit (Flexibility)</p>
	<p>11.30-12:00</p>	<p>Coffee Break</p>
	<p>12:00-13:00</p>	<p>-The need to know how others feel and think(Empathy) -The need to know who and what a person can trust(Reality testing)</p>
<p>12 November 2021</p>	<p>08:00-11:30</p>	<p>-Activities, methods and tools for intervention and support for adults migrants who care for children with emotional problems</p>
	<p>11.30-12:00</p>	<p>Evaluation of the training, presenting certificates of attendance</p>
	<p>12:00-12:30</p>	<p>Departure of participants</p>