



Erasmus+



Erasmus+ Programme – Strategic Partnership  
Project Nr:2019-1-RO01-KA204-063537

**WORD of EMOTIONS PROJECT  
TRAINING COURSE AGENDA**

Short term joint staff training event

**Period :3-7<sup>th</sup> January 2022**

**Place: Ankara, Turkey**

Host institution: Ankara Aile ve Sosyal Hizmetler İl Müdürlüğü

The training will be held by the trainers of the Turkish partner from Ankara Aile ve Sosyal Hizmetler İl Müdürlüğü

**Participants:** 5 staff from Mobilizing Expertize will participate in this training.

**Working Language:** English

**Trainers:** Beyza Türüdü (trainer), Serengül Gümüş (psychologist)

3 January 2022	08:30-14:00	<b>Welcome speech and briefing the training agenda</b>
		-Roundtable, ice breakers and Introduction to education of Emotional Intelligence and educational system in Turkey  -Ways to work with adults migrants the teaching of emotional intelligence of children into interactions and learning activities at home by presenting information's about productive strategies and critical awareness to those social behaviors and psychological problems
	14:30 – 15:30	Lunch Break
4 January 2022	14:30 – 16:30	-Education for adults & disadvantaged families of migrants -Turkish expertise
	08:30-11:30	-Empathic and active listening - key aspect in emotional intelligence and emotional education  -Interpersonal levels of emotional intelligence



**Erasmus+ Programme – Strategic Partnership  
Project Nr:2019-1-RO01-KA204-063537**

	11.30-12:00	Coffee Break
4 January 2022	12:00-15:00	<ul style="list-style-type: none"> <li>-Providing techniques and strategies for positive changes made by adults migrants in children behaviors</li> <li>-How the adult migrant can focus the children back into a sense of connection with life</li> <li>-How the adult migrant uplifting children through gentle encouragement and connection</li> </ul>
5 January 2022	08:30-11:30	<ul style="list-style-type: none"> <li>-Analysis of daily emotional situations with children of migrants. How to act with intelligence and how to promote theirs?</li> <li>-The importance of focusing. To want something is not to be able, to want something means to do.</li> </ul>
	11.30-12:00	Coffee Break
	12:00-14:00	-Practical Exercises with expert teachers who work with migrant learners
6 January 2022	08:30-11:30	<p>Adopting building abilities:</p> <ul style="list-style-type: none"> <li>-The ability to make friends (Interpersonal Relationships)</li> <li>-The need to assume responsibility in actions and impact on group (Social responsibility)</li> <li>-The need to adapt to new situations, how best to benefit (Flexibility)</li> </ul>
	11.30-12:00	Coffee Break
	12:00-14:00	<ul style="list-style-type: none"> <li>-The need to know how others feel and think( Empathy)</li> <li>-The need to know who and what a person can trust(Reality testing)</li> </ul>
7 January 2022	08:30-11:30	-Activities, methods and tools for intervention and support for adults migrants who care for children with emotional problems
	11.30-13:00	Evaluation of the training, presenting certificates of attendance
	13:00-13:30	Departure of participants